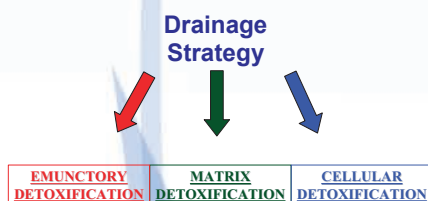


THE GUNA METHOD'S CORE PROTOCOL

1. DRAINAGE

A detoxified and drained **extra-cellular matrix** will allow a cell to receive oxygen and nutrients and its receptors to be adequately activated by the relation molecules.

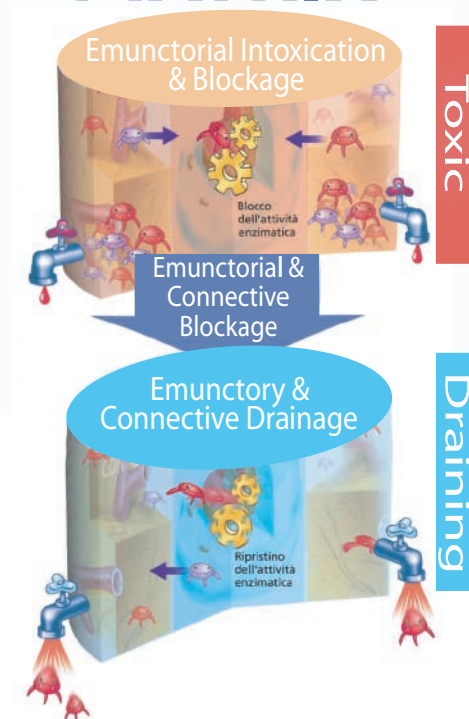
A detoxified and drained **cell** will be able to perform its metabolic function. The **emunctory organs**, activated by specific drainage remedies, will strengthen their physiological excretory and toxin-release function.



3. P.N.E.I. REBALANCE

Reprogramming the neuro-endocrine-immune axis in both directions, namely psychosomatic and somatopsychic, is the core of Physiological Regulating Therapy. According to a sophisticated biological mechanism *Homeopathic micro-doses of cytokines, hormones and neurotransmitters* – as much concentrated as in a physiological milieu - and *selected homeopathic remedies* (of plant-vegetal, mineral or animal origin) – once introduced into the **human body** are capable of reducing, modulating and stimulating the reactivity of the 3 Great Systems (Nervous, Endocrine and Immune) and guiding it back within its physiological range without suppressing or inhibiting a biological response.

MATRIX



2. CELL METABOLIC SUPPORT

The action of a relation molecule on the membrane receptors or on the receptors of any other homeopathic remedy acting on the cell would not be responsive if the cell were not in such an **"energetic" condition** to be reactive. The cell metabolic stimulation is therefore a necessary step in view of a therapeutic success. *Vitamins, minerals, oligonutrients* and above all *homeopathic micro-doses of Krebs cycle salts and quinones* activate the mitochondrion as if they were real energy reservoirs and restore the **highest ATP synthesis capacity**.

4. CELL NUTRITIONAL SUPPORT

Nutrients (*proteins, carbohydrates, lipids*) can have an essential role in maintaining or restoring health: the most advanced research studies in the nutrition field have defined the typology, the metabolic routes and above all the *adequate amounts* of each nutrient stating that **small and balanced amounts of amino-acids, vitamins and oligonutrients** are sufficient and necessary for a correct "bios" functioning.

Guna's remedies contain small (*oligos*) and appropriate (*orto*) amounts of nutrients. This is extremely important as they protect biological structures from free radicals, which are particularly harmful in chronic and degenerative diseases as well as in the ageing process.

5. CONTROL OF SYMPTOMS

As in a perfect team play, *interleukins, neurotransmitters, homeopathic hormones* and as well as *classic homeopathy remedies* act on inflammatory diseases, thus leading to recovery.

Among these substances, the specific remedies for every evolutionary phase of the inflammatory process can be identified and their action is simply extraordinary: **calor, dolor, rubor, tumor**, all of them being modulated thus leading to a natural recovery. It's a new therapeutic concept coming from homeopathic tradition and as a result of research studies in the field of **molecular Biology**: homeopathic micro-doses of the molecules conveying immune response are capable of reactivating an adequate biological immune response (as much concentrated as in a physiological milieu). The phlogosis process is therefore being **modulated** - thus evolving and leading to a full recovery and considerable reduction of prognosis time.

